



Striders Membership Application for 2012

(Print, complete, and mail with \$\$\$!) Join the Striders! Promoting running in the Santa Fe area since 1978

Annual membership costs only \$ and includes:

- Discount on Strider race entry fees
- Monthly newsletter, the "Mile Markers"
- Weekly Track, Trail and Road Runs
- Picnics and Parties
- Make new friends
- Support/Sponsor 5 Local Races during the Year
- The Club Donates \$\$\$ to Help the Local Community
- 10% Discount at the Running Hub
- Personal Training Plans from the experts at the Running Hub
- 20% Discount at the Santa Fe Baking Company

WAIVER: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the SANTA FE STRIDERS Road Runners Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

2012 This waiver needs to be signed each year!!! 2012

Signature _____ Date _____ Renewal ____ New Member ____

Parent's Signature _____ Date _____ Birthday _____
if <18 years old

Name _____

Address _____

City/State/ZIP _____

Telephone _____

Email _____

I would like to help by:

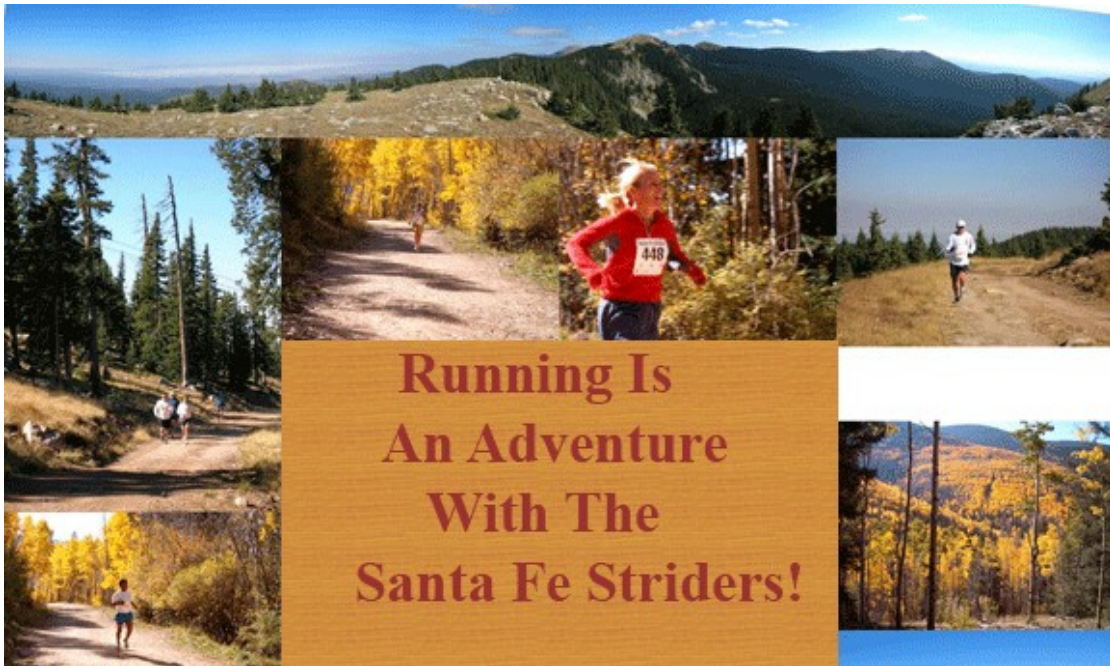
Races: Before the race ____ At the race ____

Picnics & Parties ____

Articles for the Newsletter/Web Page ____

Enclose \$20.00 for annual membership fees (family/couples is also only \$20 but everyone needs to sign the waiver). Annual fees are due in January of each year, and membership runs through the end of December. Make checks payable to Santa Fe Striders and mail to PO Box 1818, Santa Fe, NM 87504.

Visit us at www.SantaFeStriders.org



Who are the Striders?

We are an **all-inclusive** running club, founded in 1978. Among our members are teenagers and 75+ year-olds. We have a wide range of ability and fitness (yes, really!). Some of us are fast, many of us are not. All of us enjoy running! We welcome everyone!

What do we do?

The Striders have weekly running events, yearly social events and organize and sponsor several races every year. Our races support a number of local non-profits including Girls on the Run, Salvation Army, and Wings of America Native American running program.

Weekly runs:

Tuesday evening track workouts, 5:45 – 7 pm at Santa Fe High track (April - October)
 Tuesday evening fartlek workouts, 6:00 – 7 pm at the Running Hub (October - April)
 Thursday evening road runs, 6 pm at the Running Hub, year-round
 Sunday morning runs, various places and times, often on trails. Organized by email list-serve

Social Events:

Members meeting and social, 2nd Tuesday of every other month
 Spring Picnic, April
 Strider BBQ, June
 Holiday Party, December

Races:

Snow Shoe Classic, January 7, 2012, 5k and 10K
 La Corrida de Los Locos, January 28, 2012, ~4 mile
 Santa Fe Run Around, May 26, 2012, 5k, 10K and kids 1K
 Big Tesuque Trail Run, October 6, 2012, 11.6 mile mountain run
 Fowl Day Run, November 17, 2012 5k cross country fun run / Holiday food drive

For more information and instructions on signing up for the Striders email list-serve, visit us at www.santafestridders.org.

Questions? Contact Jim Owens at Owens_Jim@msn.com, 505-231-6166