

Join the Striders! Running since 1978

(Print, complete, and mail with \$\$\$!)

Annual family membership costs only \$25.00 and includes:

- Discount on Strider race entry fees
- Weekly Track, Trail and Road Runs
- Picnics and Parties
- Make new friends
- Support/Sponsor 5 Local Races during the Year
- The Club Donates \$\$\$ to Help the Local Community
- All Members Receive a One-time Free Shirt and Hat
- 10% Discount at the Running Hub
- Personal Training Plans from the experts at the Running Hub

WAIVER: I agree that I am a member of **Santa Fe Striders**, (hereinafter “the club”), and I know that running in and volunteering for organized group runs, social events, and races associate with the club are potentially hazardous activities, which could cause injury or death. I will not participate in any club organized events, group training runs or social events, unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform all activities associated with the club and am in good health, and I am properly trained. I agree to abide by all rules established by the club, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the club and agree to abide by them. I assume all risks associated with being a member of the club and participating in all club activities, which may include but not limited to: falls, physical contact with other participants/members, volunteers, race personnel, contract service providers, employees, and spectators including the potential the contraction of a communicable disease resulting from contact with other participants/members, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity; freezing cold temperatures; traffic and the conditions of the road including surrounding terrain. I further agree to abide by the Center for Disease Control’s (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC’s guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I assume all such risks being known, appreciated, and accepted by me. I understand that bicycles, skateboards, baby joggers/strollers, roller skates or inline skates, animals, and personal music players are not allowed in club organized runs or events, and I will abide by all rules of the club. Having read this waiver and knowing these facts and inconsideration of your accepting my membership, I, for myself and anyone entitled to act on my behalf, waive and release the Santa Fe Striders and the Road Runners Club of America, all club sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the club activities, even though that liability may arise out of negligence or carelessness on the part of the persons or organizations named in this waiver. In addition, I acknowledge the contagious nature of COVID-19 and other communicable diseases and voluntarily assume the risk that I may be exposed to or infected by COVID-19 and/or other communicable diseases by participating in any activities associate with the club. I acknowledge that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 in connection with my participation in any club activities, and personally assume this risk. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of the club for any legitimate purposes. I understand that the club does not provide for refunds in the event of cancellations of services, and by signing this waiver, I consent that I am not entitled to a refund if the any club activities including events are cancelled.

2022 This waiver needs to be signed each year!!! 2022

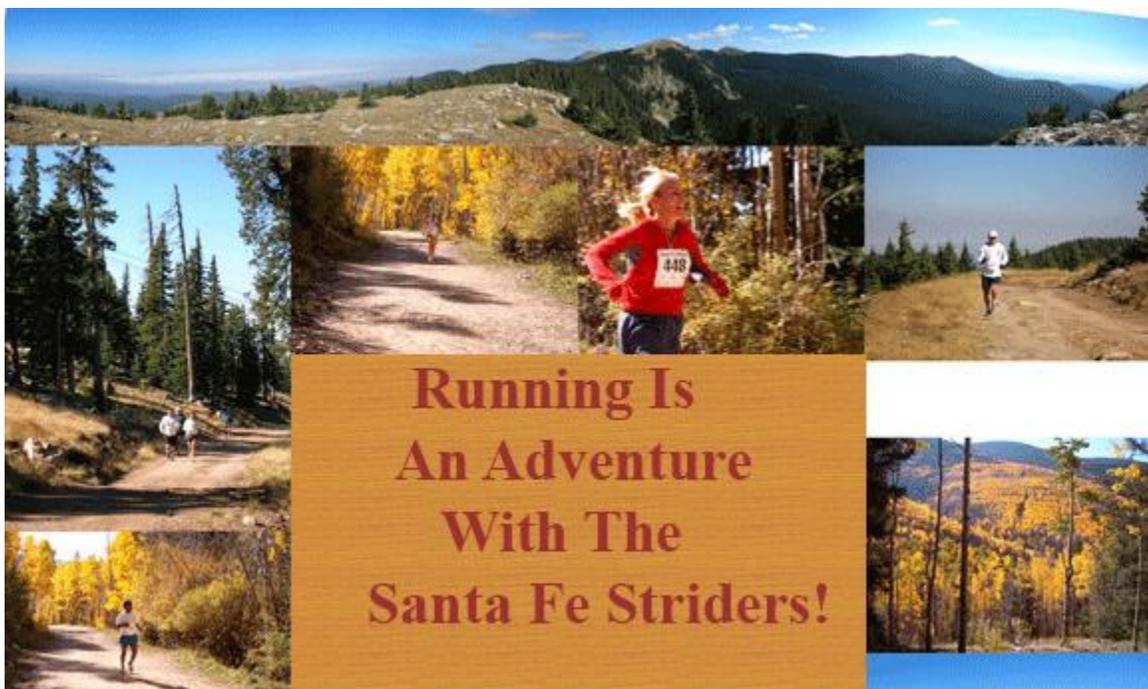
Signature _____ Date _____ Renewal ____ New Member ____

Parent's Signature _____ Date _____ Female/Male _____ Birthday _____
 if <18 years old

Name _____ Email _____ Send Workout Emails Yes No

Address _____ Telephone _____

City/State/ZIP _____ **FOR RENEWAL – PLEASE HIGHLIGHT ANY NEW INFORMATION**



Who are the Striders?

We are an **all-inclusive** running club, founded in 1978. Among our members are teenagers and 75+ year-olds. We have a wide range of ability and fitness (yes, really!). Some of us are fast, many of us are not. All of us enjoy running! We welcome everyone!

What do we do?

The Striders have weekly running events, yearly social events and organize and sponsor several races every year. Our races support a number of local non-profits including Girls on the Run, Salvation Army, and Wings of America Native American running program.

All New Members Get a One-Time Free Shirt and a Free Cap or Visor!

Weekly Runs:

Tuesday evening track workouts, 5:45 – 7:00 pm at Santa Fe High track (April - November)
 Thursday evening road runs, 6:00 pm at the Running Hub, year-round
 Saturday Morning Runs – Rail Trail; oriented for half/full marathon
 Sunday morning runs, various places and times, often on trails; updated by email or website

Social Events – On Hold Until the State Permits Them:

Members meeting and social, 2nd Monday of every other month
 Strider BBQ, June
 Holiday Party, December

Races:

Snow Shoe Classic – Virtual: Dec 1, 2021 to Jan 31, 2022, In Person: January 22nd ~4 mile
 La Corrida de Los Locos, Feb 5, 2022, ~5 mile
 Santa Fe Run Around, May Timeframe, To Be Announced, 5K
 Big Tesuque Trail Run, October 1, 2022, 11.6 mile mountain run
 Fowl Day Run, November 19, 2022, 5K cross country fun run/Holiday food drive

For more information and instructions on signing up for the Striders email list-serve, visit us at www.santafestridders.org.

Questions? Contact Jim Owens at Owens_Jim@msn.com, 505-231-6166